**Javelin 2021 Puget Sound Meal Plan**

**Friday, August 14, – Friday, September 3, 2021**

**The Plan**

**Javelin 2021 Cruise aboard Zaya**

Sat Aug 14 Board **Zaya** in Bellingham; provision  AS791  NWE 360-676-1248

Sun Aug 15 \*Anacortes Cap Sante Marina (66) 360-293-0694 marina@portofanacortes.com

Mon Aug 16 \*Port Townsend-Point Hudson Marina (9) 360-385-2828 slip #2 rsvn made 1/20/21

   Slack Ebb begins @ 1234

Tue Aug 17 \*Pleasant Harbor-Pleasant Harbor Marina (9,16) 360-796-4611 (Diane)#17222 [www.pleasantharbormarina.com](http://www.pleasantharbormarina.com)

Wed Aug 18 \*Shilshole Bay-Shilshole Bay Marina (17) 206-787-3006 sbm@portseattle.org

Thu Aug 19 -\*Shilshole Bay after Lake Washington tour (111); pd 1/13/21 $169.36

Fri Aug 20   Hope Island at anchor

Sat Aug 21  Jarrell ‘s Cove Marina 360-426-8823

Sun Aug 22 \*Gig Harbor-Arabella’s Landing 253-851-1793 (Monique)

Mon Aug 23 \*Poulsbo-Poulsbo Marina(66A) 360-779-3505x1 (E-24-stern-in) (Jannese Hunt)

Tue Aug 24 \* Oak Harbor-Oak Harbor Marina (16,68) 360-279-4575 [www.ohmarina.org](http://www.ohmarina.org) #9NKMT9WREY

Wed Aug 25 At anchor in Lopez Sound or at Double Island-Deception Pass Slack flood begins @ 1251

Thu Aug 26  Reid Harbor on Stuart island at anchor

Fri Aug 27   Succia Island at anchor or Patos Island at anchor

Sat Aug 28  At anchor in Lopez Sound or at Double Island

Sun Aug 29 \*Friday Harbor-Port of Friday Harbor(66A) 360-378-2688 (Jan) # 36378

Mon Aug 30 \***Roche** Hbr-#3759700 (78A) 360-378-2155 [www.rocheharbor.com](http://www.rocheharbor.com)

Tue Aug 31 Garrison Bay at anchor or Lopez Sound

Wed Sep 1 \***Rosario** Resort (78A) Terry Jones 360-376-2152 x700; pd $112.00 #278026

Thu Sep 2 **Bellingham** (23 nm from **Rosario** via Obstruction Is.)    NWE 360-676-1248

Fri Sep 3  **Bellingham off boat by 1100   AS790**

\*=confirmed reservation

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Date** | **NM** | **Breakfast** | **Lunch** | **Night Location**Waggoner page no. (2019) | **Dinner** | **Crew** | **Meals****B|L|D** |
| Sat 8/14 |  |  |  | Bellingham | Pan seared Steak, Mashed potatoes, Cucumber/Tomato Salad | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Sun 8/15 | 16 | Cereal & fruit/ yogurt | Sandwiches – R.B. | **Anacortes Cap Sante Marina** (176) | Fresh Fish & Cole Slaw (Farmers mkt to 1600) Provision | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Mon 8/16 | 31 | Eggs/Kielbasa/ Biscuits | Chinese Lunch | **Port Townsend Point Hudson** (155) | **Doc’s Marina Grill (Seafood)** | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Tues 8/17 | 36 | E. muffins PB/Jam | Sandwiches – Ham | **Pleasant Hbr Marina** (142) | Paul’s Lasagna & saladVisit: NW Maritime Ctr. | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Wed 8/18 | 46 | French Toast & Smokies  | Leftover Lasagna | **Shilshole Bay Marina** (121) | Frozen Shrimp, Apple slices & Brie Cheese | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Thurs 8/19 | 33 | Oatmeal & fruit | 4 Bean Soup, Kilbasa, Crackers  | **Shilshole Bay Marina** after Lake Washinton tour | Chicken Curry over rice and Green beans | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Fri 8/20 | 48 | E. muffins PB/Jam | Sandwiches – PB&J | Hope Island at anchor (167) | Pork Chops on grill and Mixed Veg. | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Sat 8/21 | 8 | Cereal & fruit/ yogurt | Tuna Salad Sandwiches | Jarrell’s Cove Marina (99) | Spaghetti & Meatballs, Salad | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Sun 8/22 | 28 | Eggs/Little Smokies/ Biscuits | Sandwiches – Ham  | **Gig Harbor Arabella’s Lnd.**  (104) | **Anthony’s** (seafood)Re-provision: Finholm / Costco / Gen StoreVisit: Harbor History Museum | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Mon 8/23 | 29 | Oatmeal & fruit | 4 Bean Soup, Kielbasa | **Poulsbo Marina** (135) | Paul’s Chili, Rice, SaladVisit: Maritime Museum 10 – 4 pm | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Tues 8/24 | 48 | Cereal & fruit/ yogurt  | Leftover Chili | **Oak Harbor Marina** (163) | Chicken, Fettuccine, String bean/Tomato/Eggplant salad | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Wed 8/25 | 29 | E. muffins PB/Jam | Sandwiches – PB&J | Lopez Sound at anchor | Steak on grill, Mashed Potatoes, Mixed Veg. | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Thurs 8/26 | 24 | Oatmeal & fruit | Clam Chowder & crackers | “Reid Hbr/ Stuart I at anchor (224) | Pork Chops, Cole Slaw | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Fri 8/27 | 16 | French Toast & Smokies | Sandwiches – Ham  | Sucia Island at anchor (221) | Chicken casserole, Mushroom Soup, Green Peas, Biscuits | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Sat 8/28 | 35 | Cereal & fruit | Tuna Salad Sandwiches | At Anchor in Lopez Sound (198) | Spaghetti & Meatballs, Salad | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Sun 8/29 | 20 | Eggs/Kielbasa/ Biscuits | Sandwiches – PB&J  | **Port of Friday Hbr.** (207) | Fresh fish & vegRe-provision: Kings MarketVisit: Whale Museum | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Mon 8/30 | 11 | Oatneal & fruit | 4 Bean Soup, Evergood | **Roche Harbor** (211) | **Madrona Bar & Grill** | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Tues 8/31 | 5 | E. muffins PB/Jam | Sandwiches – Ham | Garrison Bay at anchor | Grilled Chiicken, Salad | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Wed 9/1 | 20 | Cereal & fruit | Soup – Tomato & Noodles | **Rosario Resort** (218) | **Mansion – Captain’s Dinner** | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Thurs 9/2 | 22 | Oatmeal & fruit | Chinese Lunch | Bellingham | Leftovers or **Ashore** | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Fri 9/3 |  | French Toast & Smokies | (Off load by 1100)Lunch ashore or at SEA | (Off load by 1100) |  | SDB,RVM,PW, JG | 4 | 4 |  |

 (**Bold = Confirmed**) (**Bold = Ashore**)

Numbers after ports (xxx) are the 2020 Waggoner page numbers for the port.

**Meal Plan**

**20 Breakfasts – 20 for 4 people**

4 English Muffins & P.B./Jam

5 Cereal,/ Yogurt (with optional bananas/berries)

5 Oatmeal (with Raisins/Cranberries)

3 Eggs / Scrambled or Omelet, (with Evergood, onions, celery & Biscuits or Muffins)

3 French Toast, (with Little Smokies & Orange slices)

Orange or Cranberry Juice / Coffee / Milk

**19 Lunches – 19 for 4 people**

1. Lasagna Leftovers with condiments

1 Chili Leftovers with condiments

2 Tuna Salad, celery, onion, relish, mayo served as sandwich

8 Sandwiches (Roast Beef - 1, Ham **C** – 4 , PB&J **C** - 3with Havarti **C**, Lettuce **C?**, Tomato & Onion on Rye or Wheat Bread

1. 4-Bean Soups, Kielbasa, Oyster Crackers
2. Tomato with Noodles

1 Clam Chowder, Oyster Crackers

 2 Chinese Lunch

**20 Dinners – 4 Ashore; 15 Aboard – 15 for 4 people**

Pan Seared Steak, Mashed Potatoes, Cucumber/Tomato Salad

Fresh Fish & Cole Slaw

**Doc’s Marina Grill**

Paul’s Lasagna & salad

Frozen Shrimp **C**, Apple slices & Brie Cheese, Seafood Sauce

Chicken **C** Curry over rice and Green beans Almandine

Pork Chops **C** on grill and Mixed Veg.

Spaghetti & Meatballs, Salad

**Anthony’s Seafood**

Paul’s Chili, Rice, Salad

Chicken **C**, Fettuccine, Bertolli Alfredo sauce, String bean/ tomato/eggplant salad

Steak on grill, Mashed Potatoes, Mixed Veg

Pork Chops **C**, Cole Slaw

Chicken noodle casserole with mushroom soup, Green Peas, Biscuits

Spaghetti & Meatballs, Salad

Fresh fish & veg

**Madrona Bar & Grill**

Grilled Chicken **C**, Salad

**Mansion – Captain’s Dinner**

Leftovers

“**C**” = Costco

**Other:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | Cookies, Triscuit, Wheat Thins | Cheese | Olives, Pickles, Carrots |
| Dried Fruit | Coffee, Hot Chocolate | Sardines, (with Crackers) | Limes |
| Diet Coke | Diet sweetened Iced Tea Cans | Pretzels, Nuts | Costco Shrimp |

Note, only Goldfish & nuts for hors de oeuvres before dinner.

Bellingham Costco Havarti = 32 slices

 4125 ARCTIC AVE Ham – 2 pack = 24 x 2 = 48 slices
BELLINGHAM, WA Turkey – 3 pack - = 14 x 3 = 42 slices
98226-9325

(360) 671-6947

M-F 10:00am - 8:30pm

Sat 9:30am – 6:00pm

Sun 10:00am – 6:00pm

SDB cell: 914-282-6520; HJ cell:203-240-5873: Rick & Sherry Tonge (Juliet) 207-649-8777

RVM Cell: 650-793-9075; Paul Wharton cell: 914-589-3068

BSK cell: 603-498-1072; Home: 603-964-6235; JSB Cell: 617-335-3638: JG cell: 201-452-2834

Michael Luskin: wk 212-597-8220, luskin@lsellp.com

Jess Gregory cell: 201-452-2834